

WELLNESS ESCAPES COLLECTION · THAILAND

Thanyapura Health & Sports Resort

Thalang, northern Phuket — Andaman coast

A 23-hectare sports and health campus twenty minutes from Phuket airport, built around Olympic pools, an athletics track and an integrative wellness clinic. The strongest value in the collection for fitness-led resets and company team-building.

GETTING THERE

15 – 20 min from
HKT

Phuket International Airport.
Direct flights from
Singapore.

PROGRAMME LENGTH

3 – 4 nights

The three-day Active Detox
is the entry point. No two-
night programme.

BEST MONTHS

Year-round

Driest November to
February. September is the
wettest month.

Programmes SHORT-STAY SELECTION

Active Detox — 3 days

The short-stay entry point; also 7, 14 and 21 days

Fitness Package

Coaching and training built around the campus facilities

Executive Health

Assessment-led programme for working professionals

À la carte health services. Colon hydrotherapy, IV drips, body composition analysis and hormone check-ups can be booked individually alongside a stay.

Please note. The Weight Loss and Weight Management programmes begin at seven days, so they sit outside the short-stay range.

Board basis & rates QUOTED ON REQUEST

Thanyapura works differently to the other properties in this collection. Rooms are booked on **bed and breakfast**, and the health programme is added on top. The Active Detox nutrition programme then supplies structured meals across the programme days, so a combined booking runs close to full board.

Rates. Package prices are not published; they are quoted according to your dates, room category and the treatments selected. As a guide, three nights with the three-day Active Detox typically works out at roughly **S\$500 to S\$1,000 per person** before flights — among the best value in the collection. Victory Travel will obtain a current quotation and confirm one all-inclusive price in writing, including service charge and VAT.

WHAT WE NEED TO QUOTE YOU

- Travel dates and number of nights
- Number of guests and room sharing
- Room preference — Garden Wing or Pool Wing
- Programme, and any à la carte services wanted

What is included & excluded THREE-DAY ACTIVE DETOX

INCLUDED IN THE PROGRAMME

- Body composition analysis
- Oligoscan heavy-metal scan
- Medical doctor consultation
- 60-minute nutrition consultation
- Coach consultation and a personal fitness plan
- Nutrition programme — meals across the programme days
- Colon cleansing on the Angel of Water system
- Gluta 600mg
- Daily sports-facility access and the lifestyle locker room — sauna, steam, jacuzzi and ice baths
- 10% off training, classes, dining and massage

EXCLUDED

- International flights
- Airport transfers — a shuttle is available
- Accommodation, unless added to the booking
- Alcoholic beverages
- Treatments beyond the package
- Service charge and VAT
- Travel insurance, gratuities and personal expenses

Victory Travel books the room, the programme, flights and transfers together, so you receive one price rather than three.

Training & therapies ACROSS THE CAMPUS

Olympic and 25-metre pool training

Athletics track

Tennis

Functional & CrossFit-style training

Personal training

Group fitness classes

Yoga

Meditation

Colon hydrotherapy

IV drips

Body composition & heavy-metal scans

Infrared sauna

Ice bath

Muay thai is not taught on campus but can be arranged at training camps in nearby Chalong.

How your stay is put together ROOM PLUS PROGRAMME

01 Room booked on bed and breakfast for your dates

02 Health programme added for the days you choose

03 Consultations and scans scheduled on site

04 Facilities and classes open to you throughout the stay

Thanyapura does not publish a fixed daily timetable; your programme sessions are booked around the campus schedule.

The campus FACILITIES & ACCOMMODATION

- Four swimming pools, including 25-metre and Olympic
- Athletics track, football field and tennis courts
- Indoor gym, yoga and Pilates studios
- Meditation centre
- Integrative wellness and lifestyle clinic, and spa
- DiVine restaurant and Booster café

ACCOMMODATION

- Garden Wing — standard, superior and junior suite
- Pool Wing — deluxe, superior and suite
- Meeting and event space for company groups

Ready to plan your escape? **Speak with your Victory Travel consultant.**

We package your programme, room, flights and insurance under one confirmed quotation — for individual travellers, groups of friends and company team-building trips.

V | TRAVEL

Victory Travel Pte Ltd

11 Sam Leong Road, #01-01 TRIO, Singapore 207903

www.victory-travel.com

UEN 199501042K · STB Licence STB-00959

IATA Accredited · Established 1995

Rates and inclusions observed August 2026 and subject to confirmation.