

LUXURY WELLNESS COLLECTION · THAILAND

RAKxa Integrative Wellness

Bang Krachao, Bangkok — the city's Green Lung

A medical retreat on the forested river bend opposite Bangkok, opened in 2020 in partnership with the VitalLife and BDMS medical group. Diagnostics, physicians and holistic therapy sit on one estate of private pool villas — the strongest option in the collection for an executive health reset.

GETTING THERE

40 min from BKK

Suvarnabhumi or Don Mueang. Transfers included in packaged rates.

RETREAT LENGTH

3 – 5 nights

Three nights is the shortest bookable retreat; Rebalance requires five.

BEST MONTHS

Year-round

November to February is the most comfortable period in Bangkok.

Retreats SHORT-STAY SELECTION

Personalised retreat — 3 nights

Built around your assessment; the shortest bookable stay

RAKxa Rebalance — from 5 nights

The flagship integrative programme

Cleanse & Purify — 5 nights

Authentic Eastern cleansing protocol

Themed retreats. Immunity, Gut Health, Detox, Ideal Weight and De-stress are also available, alongside disease-specific programmes, running from three to fourteen nights. Every retreat is assembled around your own assessment rather than a fixed package.

Please note. There is no two-night option. Advance-purchase and stay-four-nights offers are released periodically.

Board basis & indicative rates OBSERVED AUGUST 2026

Retreats are run on **full board** — breakfast, lunch, dinner and afternoon tea, each designed for you by the resort nutritionist. Airport transfers are included in packaged rates.

RETREAT — VILLA, MEALS & TREATMENTS INCLUDED

INDICATIVE FROM — PER PERSON

Personalised retreat — 3 nights, twin share	THB 97,000
Personalised retreat — 3 nights, single occupancy	THB 188,000
Cleanse & Purify — 5 nights	US\$7,350

Rates. Indicative and quoted in several currencies by different sources — a comparable three-night package including transfers and full board has also been listed from around £3,199 per person sharing. Treatment and service charges vary by programme. Victory Travel will confirm one all-inclusive price in Singapore dollars in writing before you commit.

What is included & excluded

RETREAT SCOPE

INCLUDED ■ Private villa accommodation ■ Personalised meals designed by the nutritionist ■ Wellness assessments on arrival ■ Five, seven or nine core treatments, scaled to the length of stay — physiotherapy, fitness, consultations, Traditional Thai Medicine, Ayurveda, Traditional Chinese Medicine, energy medicine, massage and hydrotherapy ■ VitalLife diagnostics as set out in your programme ■ Hydrotherapy area — vitality pool, steam, herbal steam, sauna, chill shower and cold plunge	EXCLUDED ■ International flights ■ Advanced diagnostics and medical tests beyond the programme, billed separately ■ Treatments beyond the programme allowance ■ Alcoholic beverages ■ Service charge and VAT where applicable ■ Travel insurance, gratuities and personal expenses Airport transfers are included in packaged rates. Victory Travel can add flights and travel insurance to the same quotation.
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Therapies & activities

MEDICAL AND HOLISTIC

Yoga	Tai chi	Suspension & neuromuscular activation training	Medical gym sessions	Oxygen therapy	IV infusions
Acupuncture	Ayurvedic massage & scrubs	Energy healing	Thai massage	Hydrotherapy circuit	Radiofrequency
Cold therapy					

A day on retreat

SAMPLE SCHEDULE

01	Yoga or tai chi by the lake	04	Lunch set by the nutritionist
02	Anti-inflammatory breakfast	05	Holistic therapies at RAKxa JAI — Thai massage, acupuncture
03	Medical treatments at VitalLife — oxygen therapy, IV infusion	06	Hydrotherapy circuit or medical gym

Indicative only. Each guest's schedule is set following the arrival assessment.

The retreat

FACILITIES & ACCOMMODATION

■ VitalLife Clinic for diagnostics, in partnership with BDMS ■ RAKxa JAI holistic therapy centre ■ Medical-grade gymnasium ■ Hydrotherapy suite ■ Emerald pool ■ Set within Bangkok's protected green belt	ACCOMMODATION CATEGORIES ■ Garden Villa ■ Pool Villa ■ Standalone villas suit privacy-conscious executive guests
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Ready to plan your retreat? Speak with your Victory Travel consultant.

We package your programme, flights, private transfers and insurance under one confirmed quotation — for individual travellers, families and corporate wellness groups.



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Rates and inclusions observed August 2026 and subject to confirmation.