

LUXURY WELLNESS COLLECTION · THAILAND

Kamalaya Wellness Sanctuary

Laem Set, Koh Samui — Gulf of Thailand

Founded in 2005 around a monk's meditation cave on Samui's quiet south-east coast, Kamalaya pairs Traditional Chinese Medicine and Eastern healing therapies with Western wellness science — and is one of the few sanctuaries of this calibre offering programmes from three nights.

GETTING THERE

45 min from USM

Samui International Airport, approx. 25 km. Direct flights from Singapore.

PROGRAMME LENGTH

3 – 5 nights

Three nights is the shortest bookable programme. First-time guests must book a programme.

BEST MONTHS

December – March

Driest and most comfortable. April–May hottest; September–November wettest.

Programmes SHORT-STAY SELECTION

Relax & Renew

3, 5, 7, 9 or 14 nights — rest, de-stress and recovery

Introduction to Detox

3 nights — gentle cleanse and digestive reset

Yoga Synergy

3 nights — movement, breath and mindfulness

Longer programmes. Comprehensive Detox (7 nights), Basic Optimal Fitness (5, 7 or 10 nights), Sleep Enhancement (5–9 nights) and Sacred Renewal (8, 11 or 15 nights) are also available for guests able to commit to a longer stay. Ask your consultant for a tailored recommendation.

Please note. A minimum seven-night stay applies over the festive period, 23 December – 10 January.

Board basis & indicative rates OBSERVED AUGUST 2026

The wellness programme is quoted separately from accommodation. From 1 April 2026 breakfast is included in the room rate. Detox and comprehensive programmes are run on **full board**, with all wellness cuisine, juices and supplements included. Relax & Renew includes the meals set out in its own itinerary.

PROGRAMME

INDICATIVE FROM — PER PERSON

Relax & Renew — 5 nights, double occupancy

US\$2,889

Hillside Room, programme & accommodation

Relax & Renew — 5 nights, single occupancy

US\$3,370

Hillside Room, programme & accommodation

Room rates seldom fall below THB 10,000 per night. **Stay 3 / Pay 2** for Asia residents on Introduction to Detox, Relax & Renew and Yoga Synergy, May–October; plus 10% off the room for stays of three nights or more. Rates are indicative and usually quoted before 10% service charge and 7% VAT — Victory Travel confirms the final all-inclusive price in writing at quotation.

What is included & excluded

PROGRAMME SCOPE

INCLUDED ■ Accommodation throughout the programme ■ Personal wellness consultation on arrival ■ Body bio-impedance analysis ■ Programme treatments per the itinerary — the 3-night Relax & Renew includes the Vital Essence oil massage and further bodywork ■ Daily holistic activity classes ■ Full use of the Shakti fitness centre, herbal steam caverns, plunge pools and swimming pools ■ Breakfast in the room rate; full board on detox and comprehensive programmes	EXCLUDED ■ International flights ■ Airport transfers unless arranged separately ■ Certain diagnostic and functional tests ■ À la carte spa treatments beyond the programme ■ Alcoholic beverages ■ Service charge and VAT where applicable ■ Travel insurance, gratuities and personal expenses Victory Travel can arrange flights, private transfers and travel insurance as part of a single package.
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Therapies & activities

AVAILABLE ON PROGRAMME

Traditional Thai massage	Vital Essence oil massage	Indian head massage	Chi Nei Tsang abdominal massage	Lymphatic drainage
Asian foot massage	Colon hydrotherapy — detox programmes	Infrared sauna	Reiki	Guided meditation
Yoga	Holistic fitness classes	Pranayama breathwork		

A day on programme

SAMPLE DETOX SCHEDULE

06:00	Guided meditation	13:00	Lunch
07:00	Morning yoga	14:00	Treatments through the afternoon
08:00	Breakfast or detox juice	18:00	Dinner
09:00	Wellness consultation	19:00	Evening meditation
10:00	Lymphatic drainage therapy	20:00	Herbal steam and sauna

Indicative only. Each guest's schedule is set following the arrival consultation.

The sanctuary

FACILITIES & ACCOMMODATION

■ Multi-room wellness and spa centre ■ Shakti fitness centre ■ Herbal steam caverns ■ Several plunge and swimming pools ■ Open-air yoga pavilions ■ Three restaurants — Soma, Amrita and Alkaline	ACCOMMODATION CATEGORIES ■ Hillside Room — garden view ■ Superior Suite ■ Sea-View Suite ■ Private villas
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Ready to plan your retreat? **Speak with your Victory Travel consultant.**

We package your programme, flights, private transfers and insurance under one confirmed quotation — for individual travellers, families and corporate wellness groups.

