

LUXURY WELLNESS COLLECTION · THAILAND

Amatara Welleisure™ Resort

Cape Panwa, Phuket — Andaman Sea

A five-star wellness resort on the Cape Panwa headland, where every suite and villa opens to a sea view. Nine retreat programmes run from three nights, each fully inclusive of transfers, full board, consultations and a defined set of treatments — with rates already inclusive of service charge and tax.

GETTING THERE

Transfers included

Round-trip airport transfers are part of every retreat programme.

RETREAT LENGTH

3, 5 or 7 nights

Extended programmes of 10 and 14 nights can be created on request.

RATES INCLUDE

Service charge & tax

All quoted rates are inclusive of 10% service charge and 7% government tax.

Retreat programmes ALL AVAILABLE FROM 3 NIGHTS

Amatara Detox

Colon hydrotherapy, Chi Nei Tsang and lymphatic drainage

Amatara Body Detox

Herbal wraps, salt therapy and dry skin brushing

Amatara Mind Detox

Meditation, Yoga Nidra and Tibetan sound bowl healing

Amatara Yoga

Private yoga sessions with Ayurvedic bodywork

Amatara Active

Personal training, stretching and deep tissue recovery

Weight Management

Training, nutrition consultation and slimming treatments

Spa Revive

Signature massage, facials and body rituals

Stress & Burnout Recovery

Energy healing, private meditation and adrenal support

Gut Health

Full board on a gut-healing meal plan

Bespoke Programme

Built around your own goals with the wellness team

Included in every retreat WHICHEVER PROGRAMME YOU CHOOSE

- Round-trip airport transfers
- Full board — three healthy cuisine meals daily, or the set detox meals
- Individual wellness consultation, 60 minutes
- Mid-stay follow-up consultation, 30 minutes
- Departure consultation, 30 minutes
- Blood pressure check
- Physical analysis, 30 minutes
- Body composition and metabolic age testing

Plus the treatments set out for your chosen programme, unlimited access to wellness movement classes, and daily infrared sauna or steam.

Retreat rates 2026 PER PERSON, PROGRAMME & ACCOMMODATION INCLUDED

All rates in Thai Baht and **inclusive of 10% service charge and 7% government tax**. Single is the rate for one guest; double is the rate for two guests sharing, both on the programme.

LOW SEASON — 1 APRIL TO 31 OCTOBER 2026

SUITE OR VILLA	3 NIGHTS — SINGLE	3 NIGHTS — DOUBLE	5 NIGHTS — SINGLE	5 NIGHTS — DOUBLE
Bay View Suite	45,600	76,200	76,000	127,000
Ocean View Pool Villa	75,600	106,200	126,000	177,000

SHOULDER SEASON — 1 NOVEMBER TO 23 DECEMBER 2026

SUITE OR VILLA	3 NIGHTS — SINGLE	3 NIGHTS — DOUBLE	5 NIGHTS — SINGLE	5 NIGHTS — DOUBLE
Bay View Suite	54,000	84,600	90,000	141,000
Ocean View Pool Villa	102,600	133,200	171,000	222,000

PEAK SEASON — 24 DECEMBER 2026 TO 3 JANUARY 2027

SUITE OR VILLA	3 NIGHTS — SINGLE	3 NIGHTS — DOUBLE	5 NIGHTS — SINGLE	5 NIGHTS — DOUBLE
Bay View Suite	78,600	109,200	131,000	182,000
Ocean View Pool Villa	162,600	193,200	271,000	322,000

Other categories and durations. Cape Panwa Suite rates, seven-night programmes and the extended ten- and fourteen-night programmes are quoted on request. Amatara also offers Pavilion Suites, Sea View Suites, Pool Pavilions and Bay View Pool Villas — Victory Travel will confirm availability and pricing for any category in writing.

What is not included PAYABLE SEPARATELY

EXCLUDED ■ International flights ■ Alcoholic beverages ■ À la carte dining outside the programme meal plan ■ Treatments and activities beyond your programme ■ Laundry, pressing and dry cleaning ■ Babysitting and kids' club extras ■ Travel insurance, gratuities and personal expenses	WORTH KNOWING ■ Airport transfers are already covered by the programme ■ Rates are quoted inclusive of service charge and tax, so the figure you see is the figure you pay ■ Steam room and infrared sauna are complimentary daily, 7am to 7pm ■ Wellness movement classes are unlimited on every programme
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Inside a three-night programme TREATMENTS BEYOND THE STANDARD INCLUSIONS

AMATARA DETOX

- 1 colon hydrotherapy, 60 min
- 1 Chi Nei Tsang detoxifying abdominal massage, 60 min
- 1 Jala Neti Shatkriya, 30 min
- 1 manual lymphatic drainage, 90 min
- 1 Signature of Amatarata massage, 75 min
- Detox support supplements and a take-home guide

AMATARA ACTIVE

- 2 private personal training sessions, 50 min
- 1 fitness assessment, 30 min
- 2 whole body stretching sessions, 25 min
- 1 physiotherapy deep tissue massage, 90 min
- 1 Ingham foot reflexology, 60 min
- 1 Signature of Amatarata massage, 90 min, and 1 traditional Thai massage, 90 min
- A plant-based protein smoothie daily

SPA REVIVE

- 1 Signature of Amatarata massage, 90 min
- 1 herbal compress and traditional Thai massage, 90 min
- 1 Ingham foot reflexology, 60 min
- 1 Amatarata signature organic facial, 60 min
- 1 herbal body scrub and 1 herbal body wrap, 30 min each

STRESS & BURNOUT RECOVERY

- 1 energy healing, 60 min
- 1 stress management consultation, 60 min
- 1 relaxing lavender massage, 90 min
- 1 private meditation, 60 min
- 1 Ingham foot reflexology, 60 min
- 1 Signature of Amatarata massage, 90 min, plus adrenal support supplements

Five- and seven-night versions of every programme carry proportionally more treatments. Mind Detox, Body Detox, Yoga, Weight Management and Gut Health follow the same structure.

The resort FACILITIES & ACCOMMODATION

- Amatarata Spa with Thai Hammam journey
- Sea-view fitness centre with private coaching
- BASI Pilates studio
- Steam room and infrared sauna, separate male and female suites
- Yoga sala, plus TRX and Muay Thai sala
- Tennis courts
- Six dining venues, including Senses for wellness cuisine and Siri for Thai

SUITES & VILLAS

- Bay View Suite, Pavilion Suite, Cape Panwa Suite, Sea View Suite
- Pool Pavilion
- Bay View Pool Villa and Ocean View Pool Villa, each with an infinity-edge pool
- Every suite and villa has a large open balcony with a sea view

Meeting venues and the Synergy Studio are available for company retreats and group programmes.

Ready to plan your retreat? **Speak with your Victory Travel consultant.**

We package your programme, flights and insurance under one confirmed quotation — for individual travellers, families and corporate wellness groups.

V | TRAVEL

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IATA Accredited · Established 1995

Rates per the resort's 2026 programme sheet and subject to confirmation.